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CO 603 Orientation to Christian Approaches to Diagnosis and Treatment Planning

Virginia Todd Holeman

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**CO603 Orientation to Christian Approaches to
Diagnosis and Treatment Planning
Spring 2008
Revised 01 November 2008**

Spring 2008: 4, 3-hours sessions

Time: 1-4 pm, Feb. 13, 20; Mar 5, 19, 2008

Maximum Enrollment: 30

One Hour Credit

Prerequisites: CO601 (may be taken concurrently) and MA Counseling Status

Instructor: Virginia T. Holeman

Office: 859-858-2212, Stanger Hall 412

Email: Toddy_Holeman@asburyseminary.edu

ATTENTION ATTENTION ATTENTION

This assignment is **DUE** on the **first day of class**.

Read Entwistle, Chapters 1-3; Articles: Kilian and Parker; Porter. Each person is to prepare a one page typed, double-spaced document that highlights aspects of the reading from which you gained new insights or about which you have questions or about which you disagree. Your one page document should include two discussion questions that can be used in small group discussion. No late pre-class assignments will be accepted.

Course Description (This description applies to all the Treatment Planning Courses)

In order to function as a competent clinician, one must develop competence in diagnosing and effectively treating a variety of problems with which they are confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This course is designed to provide students with an introduction to assessment, clinical diagnosis and treatment planning. Students will have an opportunity to become acquainted with material relevant to treatment issues both from a Christian historical perspective and current knowledge.

As a result of completing these courses, students shall:

1. Become familiar with principles for applying Christian thought to the field of counseling.
2. Learn how to conceptualize cases from various theoretical perspectives.
3. Develop the ability to think like a clinician using relevant diagnostic information.
4. Value a collegial process in the development of treatment plans.
5. Learn how to develop and implement treatment plans including cultivating the ability to assess progress and formulate timelines.
6. Learn the value of and how to keep effective treatment records.
7. Understand how to effectively utilize supervision to facilitate quality treatment.
8. Understand the role of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.
9. Understand how to make appropriate referrals.

CO603 focuses particularly on issues of integration of theology and counseling that is, becoming familiar with principles for applying Christian thought to the field of counseling.

Required Texts

Entwistle, D. (2004). *Integrative approaches to psychology and Christianity: An introduction to worldview issues, philosophical foundations, and models of integration*. Wipf & Stock Pub. ISBN: 159-244-7996

Required Articles

The required articles are available in full-text version on the web. Use Asbury Scholar as your search engine. Select the School of Practical Theology [automatically selects the correct data bases]. Type in the article title and author for your search terms, delimit the year of publication.

Session 1

Kilian, M. K. & Parker, S. (2001). A Wesleyan spirituality: Implications for clinical practice. *Journal of Psychology and Theology*, 29(1), 72-80.

Porter, S. L. (2004). Wesleyan theological methodology as a theory of integration. *Journal of Psychology and Theology*, 32(3), 190-199.

Session 2

Dueck, A. & Parsons, T. D. (2004). Integrative discourse: Modern and postmodern. *Journal of Psychology and Theology*, 32(3), 232-247.

Strawn, B. D. (2004). Restoring moral affections of the heart: How does psychotherapy heal? *Journal of Psychology and Christianity*, 23(2), 140-148.

Session 3

Garzon, R. (2005). Interventions that apply Scripture in psychotherapy. *Journal of Psychology and Theology*, 33(2), 113-121.

Hathaway, W. L. (2005). Scripture and psychological science? Integrative challenges and callings. *Journal of Psychology and Theology*, 33(2), 89-97.

Session 4

Tisdale, T. C., Doehring, C.E., & Lorraine-Poirier, V. (2003). Three voices, one song: A psychologist, spiritual director, and pastoral counselor share perspectives on providing care. *Journal of Psychology and Theology*, 31(1), 52-68.

Sperry, L. (2003). Integrating spiritual direction functions in the practice of

psychotherapy. *Journal of Psychology and Theology*, 31(1) 3-13.

Recommended Texts

Dueck, A. C. (1995). *Between Jerusalem and Athens: Ethical perspectives on culture, religion, and psychotherapy*. Grand Rapids: Baker Books.

Johnson, E. & Jones, S. (2000). *Psychology and Christianity: Four Views*. Downers Grove, IL: InterVarsity Press.

McMinn, M. R. (2001). *Caring for the soul: Exploring the intersection between psychology and theology*. Downers Grove, IL: InterVarsity Press.

McMinn, M. R. (2004). *Why sin matters: The surprising relationship between our sin and God's grace*. Wheaton, IL: Tyndale House.

Myers, D. G., & Jeeves, M. A. (2003). *Psychology through the eyes of faith, Revised and updated edition*. San Francisco: Harper and Row.

Oliver, G. J., Hasz, M., & Richburg, M. (1977). *Promoting change through brief therapy in Christian counseling*. Wheaton, IL: Tyndale House.

Olthuis, J. (2001). *The beautiful risk: A new psychology of loving and being loved*. Grand Rapids, MI: Zondervan..

Powlison, D. (2003). *Seeing with new eyes: Counseling and the human condition through the lens of Scripture*. Phillipsburg, NJ: R & R Publishing. [written from a Biblical counseling perspective]

Soreson, R. L. (2004). *Minding spirituality*. Hillsdale, NJ: Analytic Press. [psychoanalytic perspective on integration]

Van Leeuwen, M. S. (2002). *My brother's keeper: What the social sciences do (and don't) tell us about masculinity*. Downers Grove, IL: InterVarsity Press.

Vande Kemp, H. (1991). *Family therapy: Christian perspectives*. Grand Rapids, MI: Baker.

Welch, E. T. (1998). *Blame it on the brain? Distinguishing chemical imbalances, brain disorders, and disobedience*. Phillipsburg, NJ: R & R Publishing. [written from a Biblical counseling perspective]

Course Requirements

1. PRE-CLASS ASSIGNMENTS. 20%

Each person will create a one page document that highlights aspects of the reading from which you gained new insights or about which you have questions or about which you disagree. Your one page document should include two discussion questions that can be used in small group discussion. No late pre-class assignments will be accepted.

- ◆ **Due Session 1.** This assignment is DUE on the first day of class. Read Entwistle, Chapters 1-3, and the articles noted above.
- ◆ **Due Session 2.** Entwistle, Ch 4-7, and the assigned articles noted above.
- ◆ **Due Session 3.** Entwistle, Ch. 8-10, and the assigned articles noted above (typed, double-spaced).
- ◆ **Due Session 4.** Entwistle, Ch. 11-13, and the assigned article(s) for today's class (typed, double-spaced).

2. Integration Paper. 40%.

You will have an opportunity to “practice” integration from an allied perspective (see Entwistle, pg.287-294 for a brief example). Choose a psychological theory or counseling topic that can be explored in-depth from both psychological and theological perspectives. Some of the recommended texts may be helpful to your paper.

Possible topics: depression, anxiety, forgiveness, guilt, shame, anger, self-concept/self-esteem, gratitude, confession/repentance/apology, happiness; schools of counseling (Christian or secular)

Integrative analysis will have the following sections:

- ◆ Review contemporary psychological research about this topic. Your reference list must reflect that you have engaged the **scholarly literature** from these disciplines to construct this part of your paper. [5 pages]
- ◆ In what ways do the disciplines of biblical studies, theological studies, and psychological studies inform your understanding of this psychological concept? [1 pages]
- ◆ What implications for counseling can you draw as a result of all of your research? [1 page]

Final length of the paper: 7 pages, plus references. Format: APA

3. Position Paper. 40%

Entwistle presents several positions on the integration of psychology and theology. Develop a three page paper that summarizes your own position on integration. Your paper should show substantial documentation using scholarly sources (i.e., the assigned or recommended readings, other journal articles or books written for professionals). State the advantages and limitations of your position. State the reasons why you presently adopt this approach to integration. Your paper is graded on the quality of your thinking and presentation and **NOT** on whether you and I hold

the same understanding of integration.

ALTERNATIVE ASSIGNMENT THAT TAKES THE PLACE OF THE INTEGRATION PAPER AND THE POSITION PAPER

8-10 page paper based on your participation in Cessna Lectureship & Mental Health Colloquium 80%

Mark R. McMinn, PhD will be on the campuses of Asbury Seminary and Asbury College April 9-12, 2008. This alternative assignment requires you to fully participate in these two events, to read Dr. McMinn's book *INTEGRATIVE PSYCHOTHERAPY: TOWARD A COMPREHENSIVE CHRISTIAN APPROACH*, and to develop a paper [8-10 pages] based on your experiences, analysis, and evaluation of these presentations. Your paper should reflect the content and your reaction to Dr. McMinn's chapel and talk-back session, your understanding of his book, and your reflections about this approach to integration based on attending the colloquium. Your paper should also reflect how Dr. McMinn's approach lines up with Entwistle's paradigms and should integrate ways in which the journal articles also agree or disagree with this approach to integration.

Schedule:

Thursday, April 10: Dr. McMinn speaks in Chapel at Asbury Seminary with talk-back immediately following in Cordelia A or B. You must attend the chapel and the talk-back.

Saturday, April 12: Fourth Colloquium on Mental Health & Religion at Asbury College, 8:30 am – 4:00 pm. Cost for students: \$75.00. Attend all of the colloquium.

Grading Policies and Procedures

Course assignments shall be graded using the following grade ranges:

A	100-96	C	76-74
A-	95-93	C-	73-71
B+	92-87	D+	70-67
B	86-84	D	66-64
B-	83-81	D-	63-61
C+	80-77	F	60 and below

Attendance: Punctual class attendance is required. Students should limit their absences to emergency cases such as illness, family emergencies, etc. Students who miss more than **3 hours** of class will not receive a passing grade.

Late Papers: Pre-class assignment papers that are late will be accepted for up to 48 hours after the class period ends and will be assessed a full letter grade penalty for tardiness. Pre-class assignments will not be accepted after 48 hours. All other written assignments that are late will be accepted, will be graded without written feedback on the paper, and will be assessed 1/3 letter grade for each week the paper is late.

ONLINE SECTION DESCRIPTIONS AND COMMUNICATION GUIDELINES

Class communication is accomplished with the open-source Moodle platform, accessed using a web browser (Firefox is preferred). Log into <http://virtual.asburyseminary.edu> and you will see this course listed to the left. The following are functions with which you should familiarize yourself:

1. The Course Information Center, in the center of your screen, contains many features to be used throughout the semester, including:
 - a) Course News and Announcements, where I will post items important for the entire class;
 - b) Syllabus, where a copy of the syllabus is provided;
 - c) To Professor, which is a way for you to post a message directly to me and we can discuss an issue privately;
 - d) Course Questions, which is a public forum where you can publicly post any questions you have regarding the course so others may see your message and respond. Anytime you have a question or comment about the course, the schedule, the assignments, or anything else that may be of interest to other participants and me you should post it to the Course Questions Forum;
 - e) Prayer Forum, which is a public forum where you can post prayer concerns and praises for all to see. This is a way for us to build community;
 - f) Open Forum, which is a public forum where you can post anything that is not course-related for all to see. Examples include someone getting married, an upcoming birthday, discussions on topics not course-related, etc. This is a way for us to build community.
2. Modules, which are located below the Course Information Center, will contain forums where group discussions will take place, documents or other files to download or view online, and assignment links where you will post your assignments to me. Modules will be clearly labeled so you can follow along during the semester.
3. Resources, a section located on the left side, provides links to items you will want to use often in the semester.

CO 603 Orientation to Christian Approaches to Diagnosis and Treatment Planning Class Planner

Date	Reading
Feb 13	<p>Entwistle, Chapters 1-3</p> <p>Kilian, M. K. & Parker, S. (2001). A Wesleyan spirituality: Implications for clinical practice. <i>Journal of Psychology and Theology</i>, 29(1), 72-80.</p> <p>Porter, S. L. (2004). Wesleyan theological methodology as a theory of integration. <i>Journal of Psychology and Theology</i>, 32(3), 190-199.</p>
Feb 20	<p>Entwistle, Ch 4-7</p> <p>Dueck, A. & Parsons, T. D. (2004). Integrataion discourse: Modern and postmodern. <i>Journal of Psychology and Theology</i>, 32(3), 232-247.</p> <p>Strawn, B. D. (2004). Restoring moral affections of the heart: How does psychotherapy heal? <i>Journal of Psychology and Christianity</i>, 23(2), 140-148.</p>
Mar 5	<p>Entwistle, Ch. 8-10</p> <p>Garzon, R. (2005). Interventions that apply Scripture in psychotherapy. <i>Journal of Psychology and Theology</i>, 33(2), 113-121.</p> <p>Hathaway, W. L. (2005). Scripture and psychological science? Integrative challenges and callings. <i>Journal of Psychology and Theology</i>, 33(2), 89-97.</p>
Mar 19	<p>Entwistle, Ch. 11-13</p> <p>Tisdale, T. C., Doehring, C.E., & Lorraine-Poirier, V. (2003). Three voices, one song: A psychologist, spiritual director, and pastoral counselor share perspectives on providing care. <i>Journal of Psychology and Theology</i>, 31(1), 52-68.</p> <p>Sperry, L. (2003). Integrating spiritual direction functions in the practice of psychotherapy. <i>Journal of Psychology and Theology</i>, 31(1) 3-13.</p>
Aoril 9	Integration Paper is due by noon on April 9, 2008
April 30	Personal Position Paper or McMinn paper is due by noon on April 30, 2008